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- When is your baby due?
- When are you required to tell your employer?
- How long maternity leave are you going to get? is it enough? if not what is your backup plan?

How much maternity pay you are going to get? is it enough? if not what is your back up plan?

After baby arrive, will you be a stay-at-home-mom (SAHM) or go back to work or need to find work?

If you choose to be SAHM, how would you take care or your physical, mental and financial health?







- If going back to work When will you start?
- Will you work full-time, part time, flexible, compressed hours?

- Will you work remotely or travel to work?
- If you are going to work from home, what all you will need in place?

If you are going to travel to work, what all you will need to organise?

Will you receive any childcare financial assistance? How much? When? Process?



Childcare



What childcare options are available to you? Add details

- Nanny
- Childminder
- Nursery/ Preschool
- Family
- Others
- Your salary vs expenses to go back to work does it make financial and practical sense?

Any other thoughts





Childbirth



- Do you have a childbirth plan in place?
- Are you going to breastfeed/bottle-feed/both your baby? What will you need in each case?

Do you need to register your baby in a local surgery/GP clinic/paediatrician to receive health services?

If you need to travel internationally with baby, what travel documents you will need?

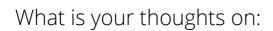
Things you (a new-mom) will need:

- Maternity and breastfeeding cloths
- Hospital bag
- New mom health kit
- Family and community Support



Newborn





- Gender Reveal Party
- Baby Shower
- Baby's Welcome

Things baby will need in the first six months

- Baby nursery preparation
- Baby registry
- Nappy bag
- Newborn health and hygine kit
- How will you organise food in the first few weeks with baby?
- How will you manage laundry, cleaning, other house chores?
- Do you have any baby name ideas in mind?





